



in MARKET RASEN

MONDAYS 6PM - 9PM

for anyone who is finding life difficult  
- a safe space & a listening ear -  
because it helps to talk

drop in

book a time

staffed by  
trained volunteers



0300 011 1200



@NightLightCafeMarketRasen



nightlight@actstrust.org.uk

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MARKET RASEN

**NEW LIFE**

CHURCH CENTRE

Serpentine St, LN8 3AR