

**SUMMER 2017**



# Our School LUNCH MENU

## WEEK ONE

DISH	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main One</b>	Pork and Beef Meatballs in a Tomato Sauce with Spaghetti	Chilli Con Carne	Steak Pie (Short Crust Pastry Top)	Cheese and Ham Pizza	Fish Fingers
<b>Main Two (Vegetarian)</b>	Lentil and Roasted Vegetable Pasta Bake	5 Bean Veggie Chilli	Quorn Roast	Cheese and Tomato Pizza	Cheese and Onion Omelette
<b>Main Three</b>	Jacket Potato with Cheese	Jacket Potato with Chicken Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese and Baked Beans
<b>Accompaniment One</b>	Homemade Garlic Bread	Rice	New Potatoes	Peas	Homemade Potato Wedges
<b>Accompaniment Two</b>	Peas Broccoli	Carrots Salad	Carrots Cabbage	Sweetcorn	Peas Baked Beans
<b>Dessert One</b>	Yoghurt	Apple and Sultana Granola	Jam Sponge	Ice Cream	Chocolate Sponge Cake
<b>Dessert Two</b>	Fruit Platter	Fruit Platter or Yoghurt	Fruit Platter or Yoghurt	Fruit Platter or Yoghurt	Fruit Platter or Yoghurt

## WEEK TWO

DISH	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main One</b>	Minced Beef Lasagne	Chicken Curry	Roast Pork and Yorkshire Pudding	Beef Burgers	Fish Cakes
<b>Main Two (Vegetarian)</b>	Macaroni Cheese	Vegetable and Lentil Curry	Quorn Roast and Yorkshire Pudding	Baked Bean Flan	Ratatouille
<b>Main Three</b>	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Cheese	Jacket Potato with Baked Beans
<b>Accompaniment One</b>	Homemade Garlic Bread	Homemade Naan Breads	Homemade Roast Potatoes	Homemade Potato Wedges	New Potatoes
<b>Accompaniment Two</b>	Sweetcorn Cabbage	Rice Peas	Carrots Leeks	Peas Baked Beans	Carrots Peas
<b>Dessert One</b>	Yoghurt	Pear and Cocoa Sponge	Apple Fruit Cake	Jelly and Custard	Victoria Sponge Cake
<b>Dessert Two</b>	Fruit Platter	Fruit Platter or Yoghurt	Fruit Platter or Yoghurt	Fruit Platter or Yoghurt	Fruit Platter or Yoghurt

## WEEK THREE

DISH	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main One</b>	BBQ Chicken Wraps	Spaghetti Bolognese	Roast Chicken and Stuffing	Hot Dog's (Lincolnshire Sausages)	Salmon and Broccoli Pasta Bake
<b>Main Two (Vegetarian)</b>	Simple Squash Risotto	Spinach and Roasted Vegetable Lasagne	Quorn Roast and Stuffing	Quorn Dog	Lentil, Tomato and Pepper Pasta Bake
<b>Main Three</b>	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Chicken Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese
<b>Accompaniment One</b>	Homemade Potato Wedges	Homemade Garlic Bread	New Potatoes	Homemade Potato Wedges	Peas
<b>Accompaniment Two</b>	Salad Peas	Sweetcorn Broccoli	Carrots Cabbage	Peas Baked Beans	Sweetcorn
<b>Dessert One</b>	Fruit Sorbet	Fruit Platter	Raspberry and Blueberry Lime Drizzle Cake	Chocolate Custard	Lemon Drizzle Cake
<b>Dessert Two</b>	Fruit Platter or Yoghurt	Yoghurt	Fruit Platter or Yoghurt	Fruit Platter or Yoghurt	Fruit Platter or Yoghurt